Subject: We are under constant attack if we worry about the physical

Good day all. How much of our waking hours, and even sleeping hours, are spent worrying and stressing over the physical? For in truth every moment we spend worrying about the physical, we are not awakened from the torment of this world, but are fast asleep in the valley of the shadow of death. For in every moment we spend worrying about the physical, we are under ‘constant attack’ from the forces of this world ~ that keeps us asleep in the asylum of peril, in the nightmare of weeping and gnashing of teeth. Amen. And may you all be blessed in our Father’s love and grace.