

CHURCH SERVICE WITH MAITREYA CHRISTOS  
May 14<sup>th</sup>, 2019

Subject: Unburdening our burdens

Good day all. We as humans are burdened by so many physical burdens in this material world. The burden of physical pain, illness, losses, attacks by others, and on and on the list of burdens goes. This burdening of our soul-bodies at the physical level is a natural and inescapable part of this human life. And if we are not centered in the Mind of Christ, this burdening of our physical body moves to our mental and emotional bodies and then finally to the identity body of Who We Think We Are.

The Christ *does* take on the physical burdens of this world, for this is a part of the identity of Christ, to allow Himself to be crucified in this world ~ and if we are to *become* the Christ, by putting on the Mind of the *Spirit* of Christ, we must also allow our self to be crucified uninterruptedly by the physical burdens of this material world. As we accept these burdens at the physical level, we establish serenity in our mind and serenity in our heart, knowing we are taking on the burdens of this world to show our Father, to demonstrate before the prince of this world, that no burden at the physical level has the power to sway us from moving away from the Spirit of Christ, from the Mind of Christ. Here we remain love in the midst of hate. Here we remain comfort in this midst of chaos. Here we remain compassion in the midst of suffering. Here we remain forgiveness in the midst of injustice, loss and betrayal. And then and only then, do we move into the Heart of God, having unburdened all burdens that are merely illusions in this illusory world of form. Amen.

And may you all be blessed in our Father's love and grace.