Good day all. How many people do we come across throughout the course of our lives who are in the “What should I do?” club? “Should I do this? Should I do that? Should I leave? Should I stay? Should I move on? Should I bear on?” And on and on the list of indecisions of “What should I do?” keeps mounting higher and higher. Here the ego-mind ‘tricks’ the individual into believing the decision in front of them is a matter of life or death, and if the correct decision is not made, then we are set on a trajectory of worsening conditions that leads to suffering and demise and death. What the ego-mind does not reveal is that IT has engineered this decision to be made through the unyielding spirit of discontent. By all means if we are in a predicament of danger we should instinctively move away from that danger without a conscious decision needed to be made. And if we feel someone is using and abusing us we should instinctively move away from that hold. Yet if we find our self in a situation before us that is not to the perfection of our ego’s standards, or if we find our self in a relationship of expectation where our ego finds fault in our partner’s behavior—where in either case it will invariably panic and sow in our mind the seeds of doubt—we should rediscover and make friends with the other, the inner Christ Spirit of Peace and Content. Amen. And may you all be blessed in our Father’s love and grace.