Subject: Surrendering the human body

Good day all. In this human body we have a natural instinct of the mind to protect and defend the physical body. Yet we must understand this primordial instinct is ‘overshadowed’ by our own inbuilt shadows ~ which believe in the notion that the existence of this body is the actual equivalent of our life and our death. Here we truly believe we are the human body ~ and in our efforts to protect it, and to keep it safe, we develop an attachment to its ongoing existence. This is the cause for our continued rebirth in this world of desire in the Valley of the Shadow of Death, which propels our mind forward into a new human body, due to the will to remain in a physical body. Our Father has said, “Ask and you shall receive, knock and the door will be opened; … for what father will give his son a rock if he asks for a loaf of bread?”

Know that we can break this cycle of continued rebirth if we choose to follow the Way of Christ ~ who surrendered His body to the forces of this world and His human spirit unto the Spirit of Christ. Amen. And may you all be blessed in our Father’s love and grace.