Good day all. In this Valley of the Shadow of Death—which is called such a valley for those who harbor the three poisons of desire, hatred and delusion, have subsequently entered the ‘consciousness’ of death—there exists a multitude of shadows upon a multitude of shadows. For a shadow is that where the light cannot shine, which in this case has been blocked by the relentless and all-consuming ego-mind. Thus in order to remove all the shadows from our mind, we must remove all obstructions of desire, hatred and delusion; and then and only then will we truly shine. Amen. And may you all be blessed in our Father’s love and grace.