Good day all. Every day we face new pressures, and every day we must find new ways to *alleviate* those pressures, to restore our perfect equilibrium of mind. For unless we can keep our mind perfectly centered, when in the midst of the storm that is all around us, we are far from the glory of the peace of God. When all is said and done, what is of import but the peace of God? When all is said and done, what can we take beyond this world of chaos, but that mind which is fashioned into the likeness of God, that resembles the peace of the Almighty Dove? So let us pray together in the storm for the winds of the storm not to take hold in our mind, and gather together in the Spirit of Christ, that will protect us from all nightly gales.

Amen. And may you all be blessed in our Father’s love and grace.