Good day all. Nearly everyone says they want inner peace. But what does it take to have that inner peace, that so few experience, that is beyond all understanding? We live in a world where the events of this world seem to have the power to toss us about like a leaf tossed about in a great gust of wind. Here in this storm-breeze we often feel paralyzed, and terrified, and angry at the impact of this destructive wind. We observe its power, in the calamity of events it brings of its own power, to wreak havoc and mayhem and upheaval and strife. And yet what does it wreak havoc and mayhem and upheaval and strife upon, but the physical world in which we live. And only our attachment to the physical world in which we live, causes us to fear the loss and destruction of this world that is continually broken down by the power of this destructive wind. This wind of course is the power of God, unleashing His forces to break down the physical world ~ for it is not God’s will that the physical world be constant, or remain the same, but continually change from moment to moment. In this way we are learning not to rely on the physical, but on the spiritual ~ for in our building our house on the shifting sands, our house will crumble in the midst of the wind. And this includes our physical body, which we cherish and worship and shield and protect from the onslaughs of this world. We are learning instead to build our house on the rock of certainty, the rock of Christ. Here in this certainty there IS no calamity or upheaval or mayhem or havoc or strife ~ for the Spirit of Christ cannot be destroyed or brought to ruination by the forces of this world. But in order to enter the Spirit of Christ we must forgo this world and all its attachments. We must abandon all fear to save the physical ~ out of a misguided belief we would be lost without it. For nothing that is real can ever be lost, and only the unreal can be brought to ruination. Amen. And may you all be blessed in our Father’s love and grace.